

# THE LONG LIFE PRAYER OF VENERABLE GYALPO RINPOCHE 嘉波寧波車長壽讚

DORJE CHANG CHEN TONPA CHOM DEN DE  
多傑昌千電巴衝滇喋

THEK PA SUM DANG GYU DYE SHI YE CHOE  
帖巴宋當久爹西依卻

YIDAM LHA TSOK JANG SEM PHAK KYE TSOK  
依誕啦挫強森帕皆措

KON CHOK TSA SUM GYATSOE GYE LEK TSOL  
官卓雜宋夾卻既列錯

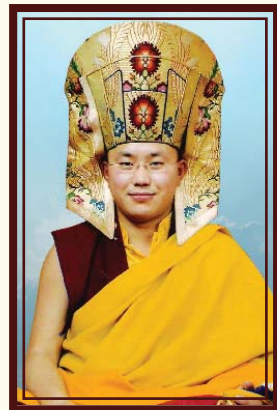
DAMPA NAMKYI YONTEN THAYE PA  
坦巴南基元滇他巴

LUNGTOK SAB CHING GYA CHEI NGO TSAR GYI  
隆鐸薩慶夾伽哦擦吉

CHOKGYI TRUL KUI SHAPE TEN GYUR CHIK  
卓吉杜故夏別滇久戚

MIGYUR THUK KYE TSANPOI NGO TSHAR GYI  
密久突皆怎別哦擦吉

ZE THRIN CHOK THA KUN TU GYE GYUR CHIK  
傑群卓他昆突既久戚



TENPAI NYIMAI LHARCHÉ DOWAI GON  
丹貝爾瑪拉伽多維棍

LHU ME NAM DAK SAMPAL DEN TOP DANG  
路咩南達森貝點託當

TRUL PAI KU YI SHAPE TENPA DANG  
竹畢固依夏別滇巴當

written by H.E. The 12th Jamgon Tai Situ Rinpoche by request of student (tse chu tsok pa) of previous Rinpoche  
尊貴的第十二世泰錫度寧波車應寧波車上一世的弟子們(謝楚索巴)的請求所寫



噶瑪禪揚